

ARISTOTLE UNIVERSITY OF THESSALONIKI SCHOOL OF PHYSICAL EDUCATION AND SPORT SCIENCE

LABORATORY OF EVALUATION OF HUMAN BIOLOGICAL PERFORMANCE Director: Professor Vassilis Mougios

## Swimming Coaches Development through Reflection, Learning and Training Practices: A Worldwide Survey

## Information on the research

You are invited to participate in this worldwide research related to inter- and intra-personal skills, evaluation, reflection, and training practices of high-level swim coaches aiming to qualitatively investigate their developmental process.

This study is being conducted by the School of Physical Education & Sport Science of the Aristotle University of Thessaloniki, Greece. No funding has been provided for this study.

There are two main qualifications to participate in this study: (1) be an active swim coach; (2) have established a career in coaching (working with national or elite level swimmers).

Participation in this study is voluntary; if you agree to participate in this study, you are asked to answer all the mandatory questions of the survey (indicated with an \*). Of course, you are free to exit the survey at any time. In this case, no answers will be stored.

Participating in this study may not benefit you directly, but the results will help us understand and indicate how swim coaches' developmental processes are influenced by both intra- and inter-personal skills, evaluation, reflection, interaction and, importantly, highlight the main biomechanical and physiological aspects when aiming to predict and evaluate swimmers' performances.

As for each LimeSurvey Cloud instance, your response data will be stored in a separate database with a separate user name/password and kept completely confidential, no longer than is absolutely necessary in relation to the purposes for which they were collected.

While the investigators will keep your information confidential, there are some risks of data breeches when sending information over the internet that are beyond of our control. Nevertheless, all measures have been taken to reduce the likelihood of this happening. All data will be stored in a safe manner, as per GDPR requirements.

If you have any questions about this study or about your rights as a research participant, please contact: Athanasios Dalamitros, 0030 69770544407, <u>dalammi@phed.auth.gr</u>.

## I hereby declare that I have read the information on this specific research